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| **Writing log**Before starting to write:* What are your expectations for this session?
* What are your objectives?
* Do you anticipate any challenge or problem?
* Are you satisfied with your progress so far?

At the end of the session:* Did you encounter any challenge or problem during the writing session?
* Are you satisfied with the outcome of this session? Why?
* What are your plans/objectives for the next sessions?
* What challenges and difficulties do you anticipate?
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